Help us meet the needs of the children, teens, young people and families in our care.

**FOOD ITEMS – non-perishables**
- Breakfast items: (bars, oatmeal, pancake mix, lg. and sm. cereal boxes and Pop Tarts)
- Drinks: individual servings (8oz and 12oz) of fruit juice and bottled spring water
- Fruit: canned, cups or pouches
- Meats: canned tuna, chicken and sausages
- Ready-made microwaveable meals: like Barilla, Campbell's Dinty Moore and Hormel
- Seasonings and condiments: olive oil, salt, pepper, sugar, stock cubes, herbs & spices
- Snack Foods: individually wrapped chips, granola bars, popcorn, crackers, pretzels, trail mix

**GIFT CARDS – all denominations**
- Bus passes: 7-Day, 31-Day or 20-Ride Local
- Grocery stores: Dollar General, Kroger, Target, Walmart
- Gas Stations: Citgo, Gulf, Exxon, Shell, Mapco
- Restaurants: Burger King, Chipotle, Dairy Queen, Domino’s, Panera, Sonic, Starbucks, Subway

**PERSONAL CARE – women & men, all hair and skin types**
- Deodorant
- Detergent
- Disinfecting cleaners & wipes
- Feminine products
- Hair shampoo
- Hair conditioner
- Hand sanitizer
- Lip balm
- Mouthwash
- Moisturizer – hand and body
- Shaving cream and razors
- Soap – dish, hand and body
- Sponges – body, dish and household
- Thermometers
- Toothbrush holders
- Underwear – all sizes

**YOUTH ITEMS**
- Basketball goals, permanent
- Blank journals
- Game & puzzle books
- Headphones
- Men's bifold wallet
- Women's pocket wallet/purse/ keychains

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- Monroe Harding Children, Teens & Young People Needs List - [https://a.co/bAXWzD4](https://a.co/bAXWzD4)

Email [donate@monroeharding.org](mailto:donate@monroeharding.org) for more information.