



Monroe Harding

NEEDS LIST

Updated September 2020

These items will directly benefit those in our care.

Help us meet their needs and create a safe and healthy environment for them.

FOOD ITEMS – non-perishables

- **Breakfast items:** (bars, oatmeal, pancake mix, lg. and sm. cereal boxes and Pop Tarts)
- **Candy:** miniature & individually wrapped
- **Fruits and vegetables:** canned or cups
- **Meats:** canned tuna, chicken and sausages
- **Drinks:** individual servings (8oz / 12oz) apple juice, water, G2 & hot chocolate mix
- **Groceries** to make a meal for 1 or several days
- **Ready-made meals** (microwaveable) or meal starters like Hamburger Helper
- **Seasonings and condiments** (salt, pepper, herbs and spices; jelly, dressings, sauces,)
- **Snack Foods** (individually wrapped chips, cookies, granola bars, gummies, popcorn, crackers: peanut butter cheese filled and plain, pretzels, trail mix)

GIFT CARDS – all denominations

- **Grocery stores:** Kroger, Target, Walmart, Dollar General
- **Gas Stations**
- **Restaurants:** Chipotle, McDonald's, Sonic, Starbucks, Subway, Wendy's

PERSONAL CARE – travel and standard sizes

- Mouthwash
- Deodorant
- Feminine products
- Hair shampoo
- Hair conditioner
- Hand sanitizer
- Lip balm
- Moisturizer – hand and body
- Soap – hand and body
- Shaving cream and razors
- Thermometers
- Toothpaste and toothbrushes
- Toothbrush holders

YOUTH ITEMS

- Art supplies
- Basketball goals, permanent
- Blank journals
- Game & puzzle books
- Headphones
- Men's bifold wallet
- Women's pocket wallet/purse/ keychains
- Umbrellas
- Underwear: men's & women's- all sizes

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